

Catch of The Day

Ingredients: Sugar, salt, paprika, tri-color peppercorn, thyme, lemon peel, garlic and onion

Uses: Works well with all fish and shell fish. Also works beautifully on pork and chicken.

Preparation: Rinse and pat dry Fish. Gently rub mix on fish and let stand ten minutes. Place on grill and cook until sides of fish turn opaque. Turn fish over and cook until fish flakes with a fork. Serve with lemon wedges and rice pilaf.